

Activity- Those Who Made a Difference

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Purpose: To help prompt thinking about characteristics that make people successful in a given environment or situation.

Objectives: By reflecting on past personal experiences and identifying characteristics or people they have known, participants will be able to:

- Pinpoint specific traits for successful people that they can emulate.
- Recognize what they value as successful.

Process:

- Tell participants they have five minutes to take out a sheet of paper and write the name of someone they think was successful in a given environment or situation (i.e., managing others, giving feedback, listening, organizing their time, dealing with change).
- Next, have them take another five minutes to list 2-3 traits or characteristic behavior that these people exhibited that made them successful.
- After five minutes, go around the room and have each person share the traits they wrote and why they think these are important. Flipchart their traits.
- Once all participants have shared their traits, look for commonalities and discuss as a group.
- Suggest that they may want to think about how they too can use these traits for their own improvement.

- Materials Needed:**
- Flipchart pad with easel
 - Assorted colored markers.
 - Paper and pencils for participants.

Time

Required: Approximately 20-30 minutes, depending on group size.

Extracted from Lucas, R. W., *The Big Book of Flip Charts*, McGraw-Hill, New York, NY (1999)

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